

SAIL SAFE 2007

◆ MARINE FIRST AID

◆ SURVIVAL AT SEA

**RNSYS & MARBLEHEAD 2007
RACE COMMITTEE PRESENT**

**SAIL WITH CONFIDENCE KNOWING THAT
YOU ARE EQUIPPED TO DEAL WITH
MARINE EMERGENCIES**

- ◆ MARINE FIRST AID COURSE
PRESENTED BY ST JOHN AMBULANCE
RNSYS SARAGUAY HOUSE TERRACE LEVEL
MARCH 31 9:00 to 17:00 COURSE FEE \$65.00
Course Fee includes morning coffee & muffins,
noon tea & coffee, afternoon coffee & cookies.
SOUP & SANDWICH LUNCH IS AVAILABLE FOR \$ 10.00
TO REGISTER CALL ANNE AT RNSYS 477-5653**

- ◆ SURVIVAL AT SEA
PRESENTED BY SURVIVAL SYSTEMS LIMITED, DARTMOUTH
APRIL 14 OR MAY 5 8:00 to 16:00 FEE \$115.00
TO REGISTER CALL JACKIE COMPTON (902) 465-3888 ext 103**

*PLEASE NOTE IN ACCORDANCE WITH MARBLEHEAD RACE INSTRUCTIONS
20% OF THE CREW INCLUDING THE SKIPPER MUST HAVE AN ISAF CERTIFIED
SURVIVAL CRTIFICATE. A LEVEL # 1 FIRST AID CERTIFICATE IS A PREREQUISIT
FOR THE SURVIVAL COURSE.*